# Transcript of Last Shelter, Trinity Laban, 19 October

O:OO:O7.8 Ben Ash: I wanna get involved. I wanna get inside. I wanna get busy. I wanna get my feet in boots. I wanna get on the game. I wanna get myself on the button. I wanna get at speed. I wanna be at tempo. I wanna get with you. I wanna see you next to me. I wanna feel you over there. I wanna feel my feet on the floor. I wanna get my eyes in the game. I wanna get faster. I wanna get like ground salt between my toes, sand between my teeth. I wanna get stuff between my teeth and grasp it, and shake it and shake it and shake. I wanna go on a rip. I wanna rip into it. I wanna rip right into it. I want it. I want it. I want it. I want what it is. I wanna know it fully. I wanna know it fully in all of my bones, all my bits and pieces, my soul, my brain, my dreams. I want it. I want it with me. I wanna be with it. I want whatever it is. Whatever it is, I want it right now. I want the thing that is the thing that's gonna bring me satisfaction to what I want. I wanna know what I want well. I wanna want what I want well. I want more. I want more. I want enough of what I've got. I want to be a piece of what there is. I want more. I want you to have more. I wanna see you with me. I wanna swallow. I wanna keep going. I wanna get quicker, I wanna feel relaxed. I wanna be at ease. I wanna be at peace. I wanna be exciting. I wanna be satisfied. I wanna be special. I wanna be confident. I wanna be vulnerable. I wanna be...

[pause]

#### 0:04:33.2 Marketa Stranska:

[foreign language]

[pause]

O:O6:39.1 Olivia Edginton: I noticed I was over there, and I will be here now. I will see you, I will see you stood behind something in front of something else. I was over there, but now I'm here, and now you're coming closer to me. And I can feel you, I can see you, I can see your eyes and your eyelashes. I notice I'm all over the place. I'm all over the map. I'm all over the earth that we are in. And I can see my hands on the other side of the microphone, and I can hear what you hear. And I can hear it when I tip my head to the side, and I can feel the vibration. And I notice I can move. I can feel myself moving. I wanna move, I wanna only move. But I notice if I do that, then you can't quite hear me. I wanna be inside what I'm doing and just hold tight and let everything else come out and just fall right down the channel that is here.

O:07:20.8 Olivia Edginton: I'm gonna let it slide. I will hold onto your hand, and I will notice that there's a chair here too, and I will grip that. I see the blue of the gels. I notice the name of the thing that I see, and I notice we're in a room. We're in a room all together, and I can see myself from the outside, from the outside, from the outside. I notice where I am, and I'm facing the table, I'm facing a force field. I am a force field. I'm a force field. You better believe it. I wanna be the thing that I am. I wanna punch myself in the face, I wanna punch everybody. I wanna hold onto everybody at the same time. I wanna lie, I wanna tell the truth, I wanna tell everyone how I really feel. I really feel. I wanna feel everything. I wanna feel everything and be everything. I wanna place my hands on your hands and see your fingernails. And I notice I wanna touch them. I wanna touch

myself, I wanna touch myself and tell myself it's okay. I wanna kind of keep going through and pressing forward. I wanna press the stand that I see, I wanna press the thing that I can see. There's a mirror, and I'm reflecting myself. I wanna reflect, reflect, reflect, reflect. There's a fleck of air and dust in front of me, and I wanna bring it closer. I wanna bring the whole thing closer and tell my rib cage that just if it opens up a little bit more, then all the space will kinda feel, feel, feel.

#### [pause]

O:O9:51.1 Joel Brown: I wanna speak to you directly and personally. I wanna be with you. I don't wanna cook dinner for you. I wanna make new socks and knit things together. I wanna go shopping and I wanna have a million bajillion dollars. And I wanna change clothes and see how that works. And I wanna tell you that I've had a lot of experiences and time with you. And I want to move around and speak at the same time. And I wanna look and go back into the curtains, and I wanna go up into the walls. I wanna sit down on a blue chair, and I wanna put a cushion on it so it's softer. I wanna look into your eyes and I wanna wipe all the sweat off your face, and I wanna see those blue, blue eyes with that fantastic red eyeshadow. And I wanna look at your lips and your teeth and your earrings. And I wanna put my sternum right in the middle of your sternum, and sternum it up together, and I wanna go up into those things, and I want you to turn me just a little bit. I wanna go around and I wanna be on the ground and rolling and dancing and climbing and all kinds of things. And I wanna be stronger. And I want to have better balance in general. And I wanna be just better balanced with a lot of things in life. And I wanna be going into the future. And I wanna be going into the red carpet, into the living room. Into the red carpet, into the red carpet, into the red carpet. I want a red rug to protect the carpet from my wheels, 'cause I will am am, I want to damage them.

## [pause]

O:11:53.2 Megan Armishaw: I was over there, I was looking here, and now I'm here and I'm not there anymore, but I can see myself when I was there, and I can see myself now that I'm here. I can't see you, but I can imagine that you're there. I can see this and I can't see what's behind me. I've got hands, I've got two hands and I've got two feet. I noticed that I'm here and I'm there and I'm everywhere at the same time. I want to be in everything at the same time. I wanna be free. I wanna open myself like you can open a window, I wanna open it, I wanna open all of them at the same time and let the fresh air in and then close them so that I can hear the sound. I wanna push that sound outwards into the garden, and then I wanna go and lie in it. I wanna lie in the sound and hear it and feel it at the same time.

**O:12:37.4 Megan Armishaw:** I wanna grow something for someone. I wanna grow it really, really well, care for it and then give it as a present. I want to give presents to people, I wanna have presents for myself, I want to put something in the post. I wanna put myself in the post, I wanna wrap myself up and tie it really nicely like with a bow and then go. I wanna go somewhere nice, I wanna go far away. I wanna be in the sun, I wanna be in the sea, I wanna stroke something like sand, I wanna put myself down, but I also wanna put myself up at the same time. Not down down, I wanna go underneath something. I wanna go underneath a tree so that I can feel the roots of it. I want it to tangle around me and hold me like I'm here, like I wanna be here forever.

[music]

O:16:52.0 Ihsaan De Banya: Extreme darkness, so far that it was felt in the bones that weighed you down. It was heavy, it was heavy like the night on your skin, stars glistening through you, shooting stars cutting you up, cutting you up so far that you became dust, you became ethereal, you became more than what you are. You were bigger than the night, but smaller than the day. You were in between the space where days met nights, you are in between the sun and the moon. The moon shines and the sun reflects it, we reversed everything around. We're wheeling around, we're fooling, we're waiting, the lights are getting brighter, but it's getting darker. The night is getting more wicked. We are becoming more and less at the same time and moving through this moment of darkness hoping that on the other side, there will be more day, there will be more daytime, there will be time to smile, there will be time to be together, there will just be more time, we'll just hope that there is more time. We'll look down at our watch and it keeps moving in circles, circles, circles that keep going. It feels like an end, but maybe it's not, maybe it's here, maybe it's there, maybe it's a bit further in front of your fingertips. Look further. Look further and press down and hope, feel the sweat of all of our bodies. Even though you can't feel it, you can feel it.

### [pause]

**0:18:33.0 Joel Brown: [singing]** I've got one more thing to say to you. [inaudible] Love story. Wait for me. I'll be back. It won't be too late. You're rollin' with the punches girl. I see you rollin'. And fighting all the demons. They won't keep you down. Not a chance. There's not a chance. [heavy breathing]. [inaudible] I'll tell your mother how you are such a star.