

A mesmerising montage of snippets from Candoco's diverse repertoire, captured wearing a variety of costumes underneath lights on numerous professional stages. The exceptional dancers perform duets, trios and group pieces, pushing boundaries as they move closely together using each other to rebound and trigger responses. Bodies twisting and turning freely, falling off balance, contrasted with moments demonstrating control and strength. A handstand from a wheelchair, performed alongside two other dancers balancing on their hands.

A male dancer with a muscular torso spirals his chair against a red brick backdrop

A flamboyant character smiles directly into the camera then drops forwards

A female scans the audience with her crutch

The supple limbs of ghostly figures wearing transparent floaty costumes cut through the darkness moving with fluidity as they sweep past each other.

Repetitive twists and ricochets of the torso by a duet on a patterned carpet

Another duet performed outdoors, the female soaring past her partner who then turns her underneath his arm so she drops into his lap as his chair spins in the bright sunlight.

A quirky duet outdoors dressed as flight attendants

Back on stage a couple cheek to cheek limbs hovering

A Female stands in-front of bright light stretching her arms out to the sides