

In this short film Joel who is a chair based dancer describes the use of the objects used throughout the piece. He talks over the images which were filmed during rehearsals in the studio and directly into the camera in an interview. It first shows dancers Mickaella, Megan and Joel shifting between chairs, physically pulling, pushing and directing each other. Joel slides out of his wheel chair and onto one of the static chairs. They also move a microphone stand around them. The film then shows Joel and Megan carrying the large upturned table.

The clip following Joel talking into the camera is of him whirling his chair around at speed on the spot, looking over his shoulder, his torso spiralling. Then we see chairs being carried into the performance space to join the vertical table resting on its side and microphone stand lying along the floor.

As Joel talks into the camera he demonstrates picking up his leg to physically move it. The images then demonstrate this happening during the piece, Joel moving the microphone stand from one side of him to the other over the top of his head as Mickaella pushes two chairs, one on its legs and one on its side using her chest.

The final image is of Joel, Anna and Olivia physically shifting the chairs and microphone stands across the studio and exploring different ways of moving on and between them.

Ihsaan Joel Anna Mickaella Olivia Megan